

	Menu	Quantity
Monday	Milagu Sadham	300 gms
	Sambar Sadham	300 gms
	Thayir Sadham with coriander + Grapes	300 gms
	Payaru+Cucumber+Tomato Salad	75 gms
Tuesday	Ellu Podi Sadham	300 gms
	Vethakuzhambhu Sadham	300 gms
	Thayir Sadham with coriander + Grapes	300 gms
	Black Channa Dhall+Cucumber+Onion Salad	75 gms
Wednesday	Lemon Sadham	300 gms
	Morekuzhambhu Sadham	300 gms
	Thayir Sadham with coriander + Grapes	300 gms
	Cucumber+Tomato+Onion Salad	75 gms
Thursday	Curry leaves Sadham	300 gms
	Manathakkali Sadham	300 gms
	Thayir Sadham with coriander + Grapes	300 gms
	Cucumber+Carrot+Beetroot Salad	75 gms
Friday	Pirkkay Sadham	300 gms
	Milagurasam Sadham	300 gms
	Thayir Sadham with coriander + Grapes	300 gms
	Lady Finger Fry	75 gms

Bucket Meals	Menu	Quantity
	Milagu Sadhan	1 or 1.5 kgs
	Ellu Podi Sadham	1 or 1.5 kgs
	Pirkkay Sadham	1 or 1.5 kgs
	Manathakkali Sadham	1 or 1.5 kgs
	Paruppu Usili Sadham	1 or 1.5 kgs
	Thayir Sadham	1 or 1.5 kgs